

Learning Styles: Visual, Auditory, Tactile

How do you process information? Check the column that most closely describes you.

	OFTEN	SOMETIMES	SELDOM
1. Can remember more about a subject through the lecture method with oral information, explanation and discussion	_____	_____	_____
2. Prefer information to be written on the blackboard, with the use of visual aids and assigned readings	_____	_____	_____
3. Like to write things down, to take notes for visual review	_____	_____	_____
4. Prefer to use posters, models, or actual practice and activities in class	_____	_____	_____
5. Require explanations of diagrams, graphs, or written directions	_____	_____	_____
6. Enjoy working with my hands or making things	_____	_____	_____
7. Am skillful with and enjoy developing and making graphs and charts	_____	_____	_____
8. Can tell if sounds match when presented with pairs of sounds	_____	_____	_____
9. Remember best by writing things down several times	_____	_____	_____
10. Can understand and follow directions on maps	_____	_____	_____

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	OFTEN	SOMETIMES	SELDOM
11. Do better at academic subjects by listening to lectures and tapes	_____	_____	_____
12. Play with coins or keys in pocket	_____	_____	_____
13. Learn to spell better by repeating the words out loud than by writing the words on paper	_____	_____	_____
14. Can better understand a news article by reading about it in the paper than by listening to the radio	_____	_____	_____
15. Chew gum, smoke or snack during studying	_____	_____	_____
16. Feel the best way to remember is to picture it in your head	_____	_____	_____
17. Learn spelling by “finger spelling” words	_____	_____	_____
18. Would rather listen to a good lecture or speech than read about the same material in a textbook	_____	_____	_____
19. Am good at working and solving jigsaw puzzles and mazes	_____	_____	_____
20. Grip objects in hands during learning period	_____	_____	_____
21. Prefer listening to the news on the radio rather than reading about it in the newspaper	_____	_____	_____
22. Obtain information on an interesting subject by reading relevant material	_____	_____	_____

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	OFTEN	SOMETIMES	SELDOM
23. Feel very comfortable touching others, hugging, handshaking, etc.	_____	_____	_____
24. Follow oral directions better than written ones	_____	_____	_____

SCORING:

Point values are assigned as follows:

- OFTEN = 5 points
- SOMETIMES = 3 points
- SELDOM = 1 point

Place the appropriate point value for your answer to each question in the “points” columns:

VISUAL		AUDITORY		TACTILE	
Question#	Points	Question#	Points	Question#	Points
2		1		4	
3		5		6	
7		8		9	
10		11		12	
14		13		15	
16		18		17	
19		21		20	
22		24		23	
Visual Preference Score:		Auditory Preference Score:		Tactile Preference Score:	

The higher your score in a column, the more you prefer to learn by using that sense. Most people can learn from visual, auditory **and** tactile means, but most people learn best from one of the three.

- ☺ **Visual learners** prefer charts, diagrams, handouts, films. They picture words and concepts in their heads. They like to take notes, writing out everything so they can read it all again. They like to see a process demonstrated.
- 👂 **Auditory learners** prefer lectures and tapes. They want to hear every word the instructor says. They may take lots of notes, but like to read their notes aloud. They benefit from repeating in their own words what the instructor has said. They like to hear a process described.
- 📖 **Tactile learners** prefer props and objects. They want hands-on instruction wherever possible. They benefit more from writing their own notes than from “ready-made” notes in a handout. If given a handout, they will highlight it. They like to walk through a process themselves.